

Personal Development Plan for Upper Sixth 2025-2026*

*Please note: This schedule is subject to change to address emerging local or national issues

W/C	Topic / Personal Development Focus	Key Events & Notes
01/09	Induction & Administration	Upper Sixth Welcome Assembly.
08/09	Transitioning to Year 13	"The Leap from Year 12 to Year 13" Assembly. Presentation planning.
15/09	Social Media & Applications	Personal Statement Workshop (Process & Content). Session on Nationalism, Free Speech, and Hate Speech.
22/09	Relationships	Online Dating Safety
29/09	Future Planning	Post-18 Options: Exploring opportunities. Health Focus: Young Adult Illnesses. Session: "The Banality of Evil".
06/10	Mental Health	Common Mental Health Issues and Strategies. Relationships and Sex Education (RSE) Assembly.
13/10	Resilience & Ethics	"Being a Resilient Student". Religion Q&A Panel. Discussion: "How Ethical is Artificial Intelligence?"
20/10	Financial Literacy	University Finance & "Debunking the Debt". Suicide Prevention Awareness.
27/10	HALF TERM	No classes scheduled.
03/11	Social Issues	Misogyny: Causes and Consequences. Holocaust Education Trust (Learning Hub).
10/11	Human Rights & Employment	"Are Human Rights Balanced in Society?". Employability Skills: CV Writing & Interview Techniques.
17/11	Motivation	Staying Motivated and Habit Changing. Music Department Piano Recital (TBC).
24/11	Ambition	"My Career Ambitions". Collaboration and Community Building.
01/12	Self-Marketing	Marketing Yourself. Road Safety: "Don't put drugs in the driving seat".
08/12	Gap Years	Taking a Gap Year. Independence Skills: First Aid (Sessions 1 & 2).
15/12	Financial Safety	Money Matters. Motivation: "Finding ways to keep going".
22/12	CHRISTMAS BREAK	Winter Holiday.
29/12	CHRISTMAS BREAK	Winter Holiday.

05/01	Budgeting	Key Events & Notes
12/01	Legal Awareness	Budgeting Skills. Independence Skills: First Aid & Driving (Session 3).
19/01	Legal Awareness (Cont.)	"The Law and You" (Presentation). Risk, Resilience, and Feedback Assembly.
26/01	Politics	Law Quiz. Independence Skills: First Aid & Driving (Session 4). Ski Trip.
02/02	Societal Values	Politics and Political Influence. Ancient History Trip to Berlin (TBC).
09/02	Stress Management	Differences in Societal Values. Independence Skills: First Aid & Driving (Session 5). Staff Training (INSET) Day.
16/02	HALF TERM	Managing Exam and Study Stress.
23/02	MOCK EXAMINATIONS	No classes scheduled.
02/03	MOCK EXAMINATIONS	Study sessions suspended for exams.
09/03	Consumer Rights	Study sessions suspended for exams.
16/03	Resilience	Customer Service and Consumer Rights. Independence Skills: First Aid & Driving (Session 6).
23/03	Priorities	"Being a Resilient Student" (Part 2).
30/03	EASTER BREAK	Setting priorities after school/college. Spring Concert.
06/04	EASTER BREAK	Spring Holiday.
13/04	Independent Living	Spring Holiday.
20/04	Religion & Conflict	Religion and Conflict: The Golden Rule. Personal Safety in Relationships (Session 2).
27/04	Debate	Religion and Conflict: Quiz and Debate.
04/05	Bank Holiday	Personal Safety in Relationships (Session 3).
11/05	Radicalisation	Radicalisation and Extremism Awareness.
18/05	Mental Health	Managing mental health when starting university or work. Independence Skills: First Aid & Travel (Session 7).