

STUDENT ADVICE SHEET

MORE INFORMATION & SUPPORT

The organisers of Anti-Bullying Week, ABA, have lots of materials to help you discuss bullying effectively.

Search for: [Anti-Bullying Alliance youth support](#)

respectme is Scotland's Anti-Bullying Service and has a range of information about bullying and respect, including advice, videos, podcasts and stories.

Search for: [respectme Scotland young people](#)

BulliesOut have a specialised search engine called Help Hub that provides helpful answers to questions about lots of topics related to bullying.

Search for: [BulliesOut help hub](#)

The Diana Award runs an Anti-Bullying Ambassadors scheme for schools in the UK. Could your school be a good fit?

Search for: [Diana Award anti-bullying ambassadors](#)

Kidscape's aim is simple: to help with bullying. Their website has lots of resources to achieve this.

Search for: [Kidscape I am a young person](#)

Childline has lots of information on bullying online, or you can call them for free anytime on 0800 1111.

Search for: [Childline bullying](#)

Please Note: If you have any concerns, please speak to a trusted adult, such as a teacher or caregiver.