STUDENT ADVICE SHEET

FURTHER INFORMATION & SUPPORT

Just Like Us is the LGBT+ young people's charity behind School Diversity Week. They also offer information about volunteering opportunities across the UK.

Search for: Just Like Us

The Proud Trust is an organisation working for & with LGBT+ youth in the UK. They have lots of information for young people including exploring identity, coming out & staying safe.

Search for: The Proud Trust young people

Stonewall has a hub, Stonewall Young Futures, which is designed to support LGBTQ+ young people navigating their next steps. Students and adults can also use Stonewall's guide "Ten steps to tackling homophobic, biphobic and transphobic language in your school".

Search for: Stonewall Young Futures

MindOut is a dedicated LGBTQ+ mental health service. They offer peer support groups, online support, counselling & telephone befriending.

Search for: MindOut

Galop advocates for LGBT+ people who have experienced abuse & violence. Their website includes information on types of abuse & where to get help (including for children & young people).

Search for: Galop

Please Note: If you have any concerns, please speak to a trusted adult, such as a teacher or caregiver.

STUDENT ADVICE SHEET

FURTHER INFORMATION & SUPPORT

The faith-based organisations below offer a range of resources to support you, whatever your journey with the LGBTQ+ community.

Diverse Church focuses on developing grassroots communities of LGBT+ Christians through support programmes & social events.

Search for: Diverse Church

Quest seeks to provide pastoral support to LGBT+ Catholics. They provide information on their website & run an annual conference.

Search for: Quest LGBTI

Hidayah LGBTQI+ is a volunteer-led Muslim charity that seeks to protect the welfare of LGBTQ+ Muslims & develops initiatives specifically to support them.

Search for: <u>Hidayah LGBT+</u>

Although based in the US, Keshet is an organisation standing for LGBTQ+ equality in Jewish life. They have a bank of resources on universal themes, such as allyship & inclusivity.

Search for: Keshet Resources & Downloads

Sarbat aims to tackle any sort of abuse or discrimination faced by Sikhs in the LGBTQ+ community. They provide a range of support & resources for those within their community and outside it.

Search for: <u>Sarbat LGBT Sikhs</u>